



COMPREHENSIVE SEX ED IS:

Accessible: Meaningfully accessible to all people regardless of age, gender, sexual orientation, STI status, geographic location, socio-economic status, cultural or religious background, ability, or housing status (e.g., those who are incarcerated, homeless, or living in care facilities)

Rights Based: Promotes human rights, including autonomous decision-making and respect for the rights of others

Accurate: Scientifically accurate and evidence-based information and teaching methods

Expansive: Broadly-based in scope and depth and addresses a range of topics relevant to sexual health and well-being

2STLGBQIA+ Inclusive: Inclusive of the identities and lived experiences of Two-Spirit, Lesbian, Gay, Bisexual, Queer, Intersex, Asexual, HIV Positive, people and people who may use other terms to define themselves beyond these terms

Feminist: Promotes equality across gender spectra, advocates for the prevention of sexual and gender-based violence

Balanced Messaging: Incorporates a balanced approach to sexual health promotion that includes the positive aspects of sexuality and relationships as well as the prevention of sexual health problems. Note: This DOES NOT include giving air time to beliefs contrary to evidence based, legal, and scientifically accurate sex ed. Eg. It is ineffective and inappropriate to debate abortion in sexuality education. Doing so can cause harm to people who choose or would choose abortion, and spreads misinformation

Current: Is responsive to and incorporates emerging issues related to sexual health and well-being

Delivered by Confident and supported educators: Delivered by many educators over time who work together to share knowledge and skills, with support from administration

While some things like administrative support may be outside your control, increasing skills and supports in the other areas will greatly improve the quality of sex education that youth receive.

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Photo: The Gender Spectrum Collection